

## Southampton NHS Treatment Centre

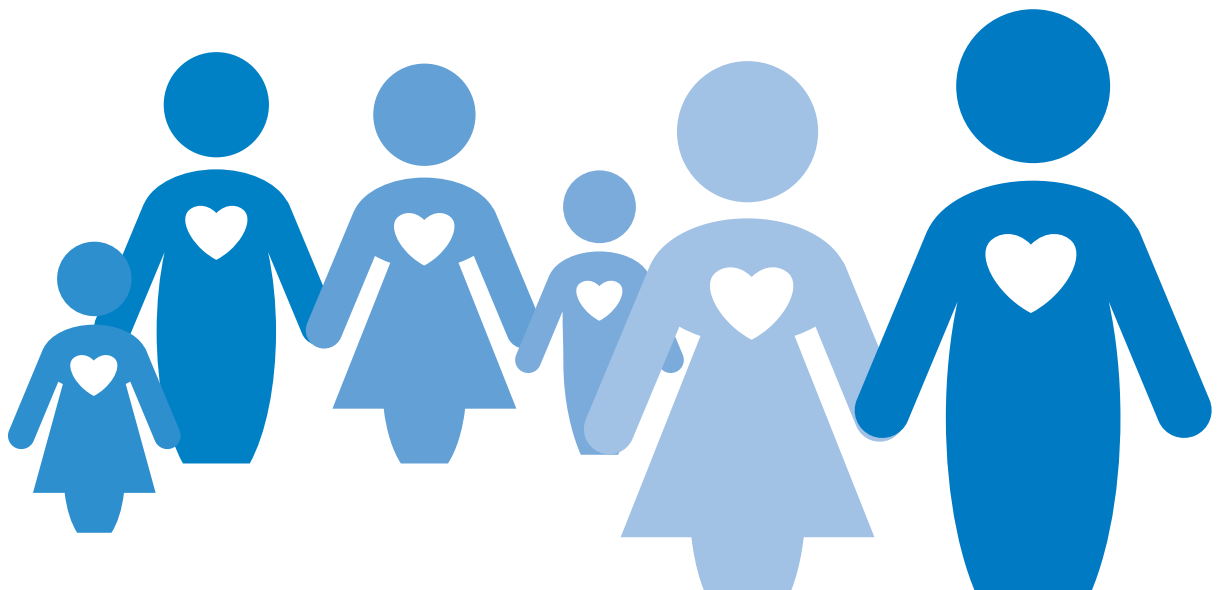
# Referral criteria

If you are unsure about the suitability of a patient referral to the Southampton NHS Treatment Centre, please call **0333 200 1820** between 8am and 5pm Monday to Friday.

Alternatively, for questions relating to patients being referred for an orthopaedic opinion (including queries about anaesthetic suitability), you can use the 'Advice' tool on the Choose & Book system.

The majority of cases can be treated at the centre. However, there are a number of exclusion criteria to ensure the safety of patients. Key areas where patients are not suitable for treatment are:

- Under 16 years of age
- High suspicion of cancer
- Clinical emergencies
- Patients with poorly controlled co-morbidities (further details on the following pages)
- Pregnancy (unless procedure under local anaesthesia only)
- BMI greater than 40 for patients undergoing procedures under general or regional anaesthesia only: *many procedures can be performed under local anaesthesia (dental, gynaecological, minor general, urology and orthopaedic). Please contact the treatment centre if you are unsure as to an individual patient's suitability.*



## Acceptance criteria

### Key

**Y** Patients accepted for surgery

**Y\*** Patients accepted for surgery in MOST CASES although dependent on nature of surgery / procedure and decision taken by consultant on an individual patient basis

**N** Patients NOT accepted for surgery

**Major and intermediate procedures:** requiring inpatient treatment (eg major joint replacement, hysterectomy, laparoscopic surgery)

**Minor procedures:** requiring day case treatment (eg orthopaedic foot surgery, superficial surgery, vaginal repair)

### Anaesthetic exclusion criteria

- Malignant hyperpyrexia (MH)
- Known past history of MH
- Patients with first degree relatives with MH who have not been formally investigated
- Patients with suspected allergies/anaphylaxis to routine anaesthetic drugs who have not been formally tested
- Documented failed intubation during previous general anaesthesia

Cardiovascular	Major and intermediate	Minor	Local anaesthesia / Endoscopy / Cataract
Uncontrolled hypertension: Persistent systolic > 180 mmHg Persistent diastolic > 110 mmHg <i>If BP persistently &gt;160/100 and end-organ involvement, patient will be referred back to GP for improved control.</i>	N	N	N
MI, angioplasty, coronary stenting within last 6 months	N	N	N
Patients on mandatory clopidogrel after revascularisation procedures (12 months)	N	N	N
Poorly controlled angina or undiagnosed chest pain dyspnoea of suspected cardiac origin	N	N	N
Patient with congestive heart failure not stable on treatment / pulmonary hypertension (NYHA III/IV)	N	N	Y*
Severe valve disease (patients with mechanical valves on warfarin will be assessed on an individual basis)	N	N	Y*
Implanted pacemaker / defibrillator	N	N	Y*
Atrial fibrillation with persistent HR >100bpm or first presentation	N	N	N
Conduction abnormalities at risk of developing complete heart block (e.g. AV block II (Mobitz type II), AV block III)	N	N	Y*

Respiratory	Major and intermediate	Minor	Local anaesthesia / Endoscopy / Cataract
Pneumonectomy	N	N	Y*
Patients on home oxygen therapy	N	N	Y*
Severe COPD (FEV <sub>1</sub> <50% predicted, SpO <sub>2</sub> <92% on air)	N	N	Y*
Confirmed sleep apnoea / use of home CPAP	N	N	Y*
Current or previous airway malignancy unless documented normal airway anatomy	N	N	Y*
Shortness of breath at rest	N	N	Y*

Endocrine	Major and intermediate	Minor	Local anaesthesia / Endoscopy / Cataract
Diabetes mellitus: patients with HbA1c >69mmol/mol (>8.5%) will be postponed and referred back to GP for improved control	N	N	Y*
Hypothyroidism: Low Free T <sub>4</sub> or undetectable TSH will be postponed and referred back to GP for improved control	N	N	Y*
Hyperthyroidism: Radioiodine treatment in past 6 months, anti-thyroid medication change in past 6 weeks	N	N	Y*
Unstable Addison's disease, Cushing's syndrome	N	N	Y*

Renal (GFR units: ml/min/1.73m <sup>2</sup> )	Major and intermediate	Minor	Local anaesthesia / Endoscopy / Cataract
Patients receiving dialysis	N	N	Y*
Newly diagnosed renal impairment (eGFR <60) will be postponed and referred back to GP for investigation	N	N	Y*
Chronic renal impairment with eGFR <40	N	N	Y
Unstable nephropathy / nephritides	N	N	Y*

Neurology	Major and intermediate	Minor	Local anaesthesia / Endoscopy / Cataract
Epilepsy: seizure within 6 months (excluding nocturnal seizures)	N	N	N
CVA / TIA within past 6 months	N	N	N
Parkinson's disease: advanced or unstable disease, presence of deep brain stimulation device	N	N	Y*
Abnormal bulbar function / swallow reflex	N	N	Y*
Dementia: patient will be assessed individually by multidisciplinary team	N	Y*	Y*

Haematology	Major and intermediate	Minor	Local anaesthesia / Endoscopy / Cataract
Sickle cell anaemia (except sickle cell trait)	N	N	Y*
Thalassaemia (except beta-thalassaemia)	N	N	Y*
Haemophilia, myelodysplasia on active treatment	N	N	Y*
von Willebrand's disease	N	N	Y*
Anaemia: considered on an individual patient basis	Y*	Y*	Y*
Refusal of blood transfusion: discussion based on proposed surgery and individual circumstances	N – for laparoscopic surgery / hysterectomy / hip replacement / revision joints  Y* - other surgery	Y	Y

Other	Major and intermediate	Minor	Local anaesthesia / Endoscopy / Cataract
Infected skin lesions / active skin ulceration	N	N	Y*
Active / severe chronic liver disease	N	N	Y*
Immune compromised patients on active treatment	N	N	N
Unstable severe mental health disorders	N	N	Y*

### Southampton NHS Treatment Centre

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